



# CAMPERS CHECKLIST FOR PACKING

## CLOTHING / OPTIONAL ITEMS

T-SHIRTS  
SUNSCREEN  
SWIMSUIT  
INSECT REPELLENT (NO SPRAY CANS)  
LONG PANTS  
ROLLER BLADES  
UNDERGARMENTS  
RAIN JACKET  
TENNIS RACQUET  
SWEATSHIRT  
HAT  
RUNNING SHOES

## BEDDING

PILLOW  
SLEEPING BAG (OR SHEETS & BLANKET)

## TOILETRY ARTICLES

TOOTHBRUSH & TOOTHPASTE  
SOAP & SOAP CASE  
SHAMPOO  
BATH TOWELS  
BEACH TOWELS

## HOCKEY EQUIPMENT

HOCKEY GLOVES  
HOCKEY TAPE  
HOCKEY SOCKS & GARTER  
SUPPORTER & CUP  
SHIN PADS  
HOCKEY STICKS  
SKATES  
HELMET & MASK  
ELBOW PADS  
HOCKEY PANTS  
SHOULDER PADS

## PLEASE REMEMBER

**PLEASE DO NOT BRING ANY EXPENSIVE CLOTHING, VIDEO GAMES OR CELL PHONES.**

## EXTREMELY IMPORTANT

**CAMPERS SHOULD TRY ON THEIR HOCKEY EQUIPMENT (ESPECIALLY SKATES) BEFORE ATTENDING CAMP TO ALLOW TIME FOR REPAIR OR REPLACEMENT.**

## UPGRADED LODGING INFORMATION

**IF YOU ARE STAYING IN UPGRADED LODGING, WE PROVIDE BED SHEETS, BLANKETS, AND PILLOWS.**

VISIT [HEARTLANDHOCKEY.COM](http://HEARTLANDHOCKEY.COM) FOR MORE INFO.